



**EXERCISE CLASS TIMETABLE**

**MAY 2026**

Exercise Rehabilitation

BODY LOGIC EXERCISE CLASS TIMETABLE							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
6.30							6.30
7.00							7.00
7.30							7.30
8.00							8.00
8.30							8.30
9.00							9.00
9.30							9.30
10.00							10.00
10.30							10.30
11.00							11.00
11.30							11.30
12.00							12.00
12.30							12.30
13.00							13.00
13.30							13.30
14.00							14.00
14.30							14.30
15.00							15.00
15.30							15.30
16.00							16.00
16.30							16.30
17.00	Ashleigh	Ervin			Ervin		17.00
17.30	Exercise Rehab (4)	Exercise Rehab (4)			Exercise Rehab (4)		17.30
18.00							18.00
18.30							18.30

**Class of 4:**  
**Code = 505**

Cost = \$65.00 per class (private health is rebateable at time of appointment)